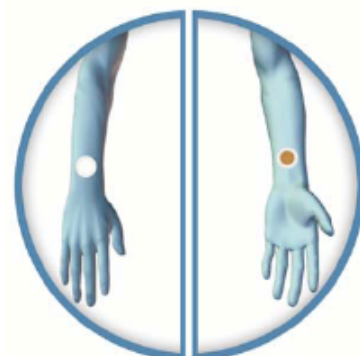


PROTOCOLE DES 5 ELEMENTS

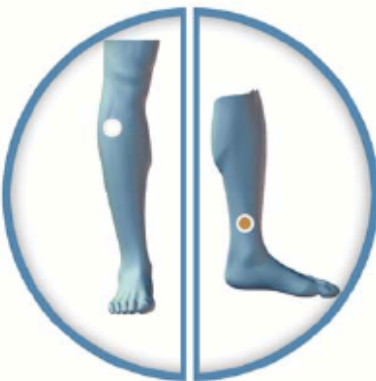
LUNDI



MARDI



MERCREDI



JEUDI



VENDREDI



SAMEDI/DIMANCHE
(facultatif-selon besoins)

